

# Movin'March 2025



## Guide for Schools

movinmarch.com





### **Bus trips count!**

Travelling by bus is sustainable too. Schools can invite bussed students to fill in Walk or Wheel (WOW) passports. We suggest making time to walk or wheel on school grounds so all tamariki feel the benefits of active travel.

### Get on our mailing list

Don't miss out on our regular newsletters with everything you need to know about Movin'March. Email schooltravel@gw.govt.nz to be added to our list. Teachers who register on behalf of the school will automatically be added.

### Park & Stride

Some whānau live too far away to walk or wheel. Schools can set up designated drop off points or 'walking pou' so students can walk part of the way and still take part in the WOW Passport Challenge. Download the Park & Stride guide from our website.





### **About Movin' March**

Movin'March (1-31 March 2025) is run by Greater Wellington Regional Council in partnership with local councils and is FREE for schools across the region. It is ideally suited for students in Years 0-8.

We provide tools and resources to encourage and celebrate walking and wheeling to school. Every registered kura will get WOW (Walk or Wheel) passports, a Walk or Wheel pack (see page 3), and our regular newsletter updates.

## Why Movin'March?

### Ka hīkoi, ka wīra rānei hei whakaatu i tā mātou atawhai ki te tajao -We walk or wheel to show our care for te taiao

This year our theme is Te Taiao!

Tamariki keep telling us that looking after te taiao is one of the big reasons they love Movin' March. Of course, it can still tie in excellently with wellbeing or relationship learning too.

Through walking and wheeling whānau:

- keep the air clean and healthy
- put less greenhouse gases into the air
- take time to connect with and be in te taiao

### **Earlybird Draws**

We are running three Earlybird competitions this year! All close 8 Dec, and have a \$80 Prezzy card up for grabs!

Registered schools who have not done Movin'March before will go in our New School draw

Registered schools who have been taking a break from Movin'March for two or more years will go in our Welcome Back draw

Registered die-hard Movin' March schools will go in our Keep on Movin' draw

## What do Registered Kura get?

### Walk or Wheel Packs

### New range - kinder on the planet!

Registered kura will receive a Walk or Wheel pack early in Term 1. In 2025 we have a mix of new and old favourite spot prizes coming your way. These help reward walking and wheeling when stamping passports at the gate, as spot prizes, or for assembly celebrations. Packs include:

- Posters to promote Movin'March in English, Te Reo and Pacific Island languages – matua'ilelei tele!
- Walk or Wheel passports in English and Te Reo
- Other incentives such as notebooks, chalk, and for the first time, socks!

Please note, these are intended as spot prizes, and we take a quality over quantity approach, and therefore there are a generous number included, but there is not one prize per student.





## Teachers - what you need to know

- 1. To be part of the Earlybird draw, register before Sunday 8th December at movinmarch.com
- 2. Let us know of any inspiring walking or wheeling stories in your community that we should profile
- 3. Check out our classroom ideas to help you plan for Movin'March on page 6
- 4. Set up passport stamping at the gate or in the classroom and encourage student leaders to help, see page 4
- 5. Ways to celebrate, see page 6

Any teacher can get our weekly email updates and unsubscribe at any time

Email schooltravel@gw.govt.nz for more info or to join up.



## WOW Passport Challenge

The WOW (Walk or Wheel) Passport Challenge is the major motivator to get tamariki walking or wheeling to school. Stamping passports with the help of senior students and rewarding safe and active travel with WOW incentives really gives your school the Movin'March buzz. Remember to enter all cards in the draw, even if they're not complete!





Every passport we receive goes in the draw to win one of 5 x Micro Scooter and helmet prizepacks! *Competition runs 1-31 March.* 

### How it works:

- Registered kura get WOW passports and resource packs early in Term 1
- Hand out passports to tamariki and ask seniors to stamp these at the gates or teachers can tick off in the classroom
- Let whānau know about Park & Stride spots (places parents can park away from the gate and walk or wheel the rest, see page 2 for more info)
- Send all passports (even those with one trip!) to the Movin'March team at Greater Wellington by Friday 11th April (end of term 1) to be in to win
- To order more cards or view Terms and Conditions, go to Tools for Teachers at movinmarch.com

### The more passports the better!

- Trips to AND from school both count
- Walking and wheeling via Park and Stride spots or via bus/train also count. This can always be complemented with fun exercise on school grounds so all tamariki can take part.

## Rovin'Reporter Returns!

We will once again be sending someone out reporting on awesome walking and wheeling stories in your school communities. We know there are lots of awesome whānau and tamariki out there organising walking busses and bike trains, patrolling school crossings, maintaining bike fleets, making the carfree leap, and generally being awesome.

**Our Rovin'Reporter will** need tips on this excellent behaviour, so please let us know at schooltravel@gw.govt.nz so they can get caught doing good!





### Resources for teachers

We have a range of fun classroom resources that highlight the benefits of walking and wheeling and link to Achievement Objectives. These are designed to work alongside Movin'March in a way that suits your school's kaupapa and needs. With the Movin'March theme in 2025 being Ka hīkoi, ka wīra rānei hei whakaatu i tā mātou atawhai ki te tajao - We walk or wheel to show our care for te taigo. Be sure to use Te Taigo – The Environment Learning Resource in your class with your Tamariki. Then check out these other classroom resources, so you have your lead-in to Movin'March covered:

- Timatanga Kōrero Introduction to Movin'March
- Toiora Well-being
- Hono Connecting
- Te Taiao The Environment
- Māja Confidence
- Mahi mātātoa Adventure



### **WOW Family Day**

Kura love to celebrate with a theme day during Movin'March. Why not choose a sustainability theme for your dress-your-wheels day, have a "plogging" focus to your walking school bus or let student leadership groups organise what they want? See Tools for Teachers on movinmarch.com.

Let us know when you're celebrating! We'd love to share pics or stories on our Facebook or web pages.

Encourage whānau to get on board to walk or wheel – even if it's one day a week or month.



### Classroom activities

Students can colourin posters of Jack the Kākā in hikoi, paihikara, or kutarere mode and display these around the classroom.



### **Art Templates**

Check out our library of templates to inspire creativity.



### **Safety Tips**

Download resources on fitting helmets, bike safety checks, tips for safe riding, fun scooter videos in English and Te Reo!



For more information on any of these ideas and more, see the Resources and Activities page on movinmarch.com.

### Movin'March 2024 Results

**134** 

registered

36,581

tamariki potentially participated 145,416

walk or wheel trips recorded

"I really like Movin'March, I think it's a great month of fantastic moving with my family and friends"

Student, Wellington City school

"It was great to see the volume of whānau walking and riding to school"

Teacher, Wellington City school

"Really well organised. Lots of opportunities for the kids to learn about movement, well-being, maths and climate change."

Parent, Hutt City school

Prizes for Movin'March competitions have been made possible with generous support from:







### Contact us:

#### **Greater Wellington**

Maddy McVie Greater Wellington PO Box 11646 Wellington 6142 schooltravel@gw.govt.nz

#### **Hutt City Council**

Damla Deli Private Bag 31-912 Lower Hutt, 5040 damla.deli@huttcity.govt.nz

### Kāpiti Coast District Council

Bruce Johnston Private Bag 60601 Paraparaumu 5254 bruce.johnston@kapiticoast.govt.nz

### **Porirua City Council**

Paulette Pavelich P O Box 50218 Porirua 5240 paulette.pavelich@poriruacity.govt.nz

### **Upper Hutt City Council**

Caroline Tansell Private Bag 907 Upper Hutt, 5140 caroline.tansell@uhcc.govt.nz

### Wairarapa Road Safety Council

Holly Hullena **REAP House** 340 Queen St Masterton, 5810 rsc@wairsc.org.nz

### **Wellington City Council**

Riley Cardno PO Box 2199 Wellington, 6140 riley.cardno@wcc.govt.nz

## Movin'March

### 1-31 March 2025

Keep these competition dates and prize details handy during Movin'March. This factsheet is also available on our website so you can share with school staff or whānau. For everything Movin'March and to view Terms and Conditions go to **movinmarch.com** 

Competition	Deadline	Prizes  School ST Student PT Parent
Earlybird Draw All schools registered by 5pm Sun 8 Dec will go into one of the following draws: New School Welcome Back Keep on Movin'	Sun 8 Dec 2024	\$80 voucher x 3
WOW Passport Challenge Post all cards by Fri 11 Apr to the Movin'March Team, see address below	Runs 1-31 Mar Fri 11th Apr 2025	5 x Micro Scooters and Helmets



